Whole Health in Practice

The **Whole Health Practice Group (WHPG)** is a team of population health and preventive medicine professionals within the Center for Healthcare Policy and Research at the University of California, Davis. Our team designs, implements, and evaluates programs and policies that advance whole health at the individual and population levels. We also provide health care and population health consultation to clients in the government, not-for-profit, business, and community sectors.








We have helped clients achieve their goals in the following areas:

Planning & Strategy
Developed a nationally recognized quality improvement strategy that has been implemented and regularly updated over a decade by a large health care system.

Leadership Development
Developed a cross-organizational, learning and mentorship program focused on the theme of continuous quality improvement.

System Change
Worked with senior leadership of a major state government department to develop a “culture of quality” throughout the organization.

Healthy Lifestyle Services
Improved lifestyle behaviors, including tobacco cessation, diet, physical activity, weight management, and community greening, among diverse populations.

Applied Research & Evaluation
Conducted research to inform program and policy development, and comprehensively evaluated interventions to advance health and well-being.

Visit us at our website here.